

# JRMCC GYM SCHEDULE

~ DECEMBER 2019 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 KHS/GDI 9:00 am-4:00 pm Co-ed Volleyball League 6:00 pm - 8:30 pm Open Gym 8:30 pm-10:00 pm	3 VTRA Training 1:00 pm – 4:00 pm Boxing For Fitness 7:00 pm-8:30 pm Open Gym 8:30 pm-10:00 pm	4 VTRA Training 9:00 am – 4:00 pm Open Gym 4:00 pm-10:00 pm	5 VTRA Training 9:00 am – 12:00 pm Homecare Xmas Party 8:00 am – 4:00 pm Event Set Up 4:00 pm	6 LLRIB Staff Xmas Party	7 CLOSED
8 CLOSED	9 Open Gym 4:30 pm-10:00 pm	10 Open Gym 5:00-7:00 Boxing For Fitness 7:00 pm-8:30 pm Open Gym 8:30 pm-10:00 pm	11 Open Gym 4:30 pm-10:00 pm	12 Open Gym 4:30 pm - 7:00 pm Boxing For Fitness 7:00 pm-8:30 pm Open Gym 8:30 pm-10:00 pm	13 Private Booking 6:00 pm-12:00 am	14 Private Booking 12:00 pm - 6:00 pm
15 CLOSED	16 Open Gym 4:30 pm -10:00 pm	17 Open Gym 5:00-7:00 Boxing For Fitness 7:00 pm-8:30 pm Open Gym 8:30 pm-10:00 pm	18 Community X-Mas Dinner 11:00 am – 2:00 pm Santa Night 6:00 pm - 8:00 pm	19 Open Gym 4:30 pm - 7:00 pm Boxing For Fitness 7:00 pm-8:30 pm Open Gym 8:30 pm-10:00 pm	20 Elder's X-Mas Dinner & Bingo 12:00 pm – 4:00 pm	21 Open Gym 2:00 pm - 7:00 pm
22 Open Gym 2:00 pm - 7:00 pm	23 Open Gym 2:00 pm - 7:00 pm	24 CLOSED	25 CLOSED Xmas Stat	26 CLOSED Boxing Day Stat	27 Open Gym 2:00 pm - 7:00 pm	28 Open Gym 2:00 pm - 7:00 pm
29 Open Gym 2:00 pm - 7:00 pm	30 Open Gym 2:00 pm - 7:00 pm	31 New Year's Eve Family Dance	1 CLOSED New Year's Day Stat	2 Open Gym 2:00 pm - 7:00 pm	3 Open Gym 2:00 pm - 7:00 pm	4 TEAM WOODLAND HOCKEY TRYOUTS



La Ronge's Premiere Sports, Fitness, & Events Facility

## JRMCC Boardroom Bookings:

Job Focus Program Dec 2-20  
Private Booking Dec 8

For Inquiries or bookings, phone 425-4852

## JRMCC Upcoming 2020 Events:



February 27 - March 8